12 DAYS OF Learning

LinkedIn Learning December Challenge: 12 Days of Learning

Welcome to December! This month brings end-of-year celebrations, time with loved ones, and an excuse to hit pause on your healthy eating habits. But in addition to all of this, **'tis the season for learning!**

To help you find some time to invest in your development amid the year-end craze, we invite you to participate in **LinkedIn Learning's 12 Days of Learning Challenge**, kicking off **December 3rd**. We think you'll really enjoy this month's content, as it all comes from LinkedIn Learning's **most popular courses of 2020.**

Challenge yourself to complete each day's short learning. Each can be completed in ~**5 minutes**. **Initial each day when you've completed** to keep yourself on track. Be well, and happy learning!

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 **Challenge Starts Tomorrow!** →	3 DAY 1 Video ▶: What is Emotional Intelligence? (4m 52s) *From the course:* Developing Your Emotional Intelligence	4 DAY 2 Video ▶: Use Virtual Meetings Productively (4m 31s) *From the course:* Time Management: Working From Home
7 DAY 3 Video ▶: Handling Nervousness (3m 58s) *From the course:* Communicating with Confidence	8 DAY 4 Video ▶: Embrace the Mindset of Strategic Thinking (3m 59s) *From the course:* Strategic Thinking	9 DAY 5 Video ▶: Understanding We're All Biased (3m 4s) *From the course:* Unconscious Bias	10 DAY 6 Video ▶: Craft Affirmations as Commitments (2m 21s) *From the course:* The Six Morning Habits of High Performers	11 DAY 7 Video ▶: When You're Caught Off Guard (2m 57s) *From the course:* Communication Foundations
14 DAY 8 Video ▶: How to Keep Yourself From Interrupting (2m 24s) *From the course:* Improving Your Listening Skills	15 DAY 9 Video ▶: LinkedIn Tips for Personal Branding (3m 22s) *From the course:* Learning Personal Branding	16 DAY 10 Video ▶: How Resilient Are You? (3m 7s) *From the course:* Building Resilience LinkedIn LEARNING	17 DAY 11 Video ▶: The Basics of a Good Practice (3m 13s) *From the course:* Mindfulness Practices	18 DAY 12 Activity 🎯: List your biggest takeaway(s) from the December Challenge —————— email: c13586e8.winona.edu@amer.teams.ms